Central High School

January 2016

Lanc Sellden, Principal | Randy Powell, AP | Lynn Schuett, AP | Tracy Arledge, AP | David Neal, AP | Shawn Marsh, Admin Liaison

Important Dates

WorkKeys Assessments
January 12-14, 2016
3:00 pm in rm 331

Fencing Club – No it is not too late to join us
Every Wed. & Fri.
3-4:00 pm in Cafeteria

Chess Club
Monday-Thursday
@ Lunch in rm 204

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A Message From Principal Lanc Sellden

Wow, what a semester! As I sit here in a post turkey stupor reflecting on the past five months it is a blur. Parking spots, Freshmores, Career Fair, Warrior Work Week, plays, concerts and sporting events, smiles and tears…it has been a busy first half.

Like in sports, no matter what happened in the first half, you look to grow and improve during the second half. For those students who found success last semester, don't let up, keep pushing and focus on growth. For those who may have struggled last semester, you have a fresh start, a chance to learn from mistakes and show that you don't just have potential, you CAN have success.

It is that time of year for New Year's resolutions, so here are some resolutions I have for our Warriors:

Freshmen: You had a rude awakening from middle school with higher expectations, both socially and academically. You have learned that due dates actually mean something and that these grades do follow you for the next 4 years. My resolution for all of you is to learn from this semester and use that knowledge to make good choices, excel and push yourselves.

Sophomores: Well, you have a semester under your belts where you aren't the youngest and can actually leave campus at lunch without looking over your shoulders. My resolution for the sophomores is to start looking at your futures and taking the steps to make that future happen. Don't settle for what happens to you, make your life happen.

Juniors: You are more than half way done and you know how to "do school." You are old pros at Central High School, you know the short cuts and bumps to avoid. My resolution for you is that you take the reigns of Central High School and start showing the leadership that has been held in check over the past three years. As seniors start focusing on life after CHS, it is up to you to make this the school you want it to be.

Seniors: You are reaching the point where fear and excitement for your futures is at an all-time high. My resolution to all of you is not to settle or coast. There are schools and careers waiting out there for those that want it the most. Do you want it most? How do

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you show it? Express yourselves in the best light and know that you represent not just yourself but your family, your school, and your community. Represent them well!

Have a great second half, Warriors
Lanc Sellden

STEM HAPPENINGS AND UPDATES:

• Our first annual STEM Career Fair happened in November. We hosted a wide variety of speakers from the STEM career field and from the Colorado Mesa University/University of Colorado Engineering Program and from CMU's Innovation Center.

• We are working with counselors from Western Colorado Community College to look at career tracks and coursework necessary for STEM Careers and preparatory courses.

• Central High School hosted the first annual First Lego League Qualifier in which FLL teams competed with autonomous and programmed Lego robots to win a spot at the State FLL Tournament. We hosted 12 teams from the western slope and the tournament was run by over 40 volunteers from the community and from local high schools. We hope to increase that number next fall. It is a great way to get STEM students involved at both the high school and middle school levels.

• Teachers are continuing to utilize the Problem Based Learning Model for students, which is a teaching strategy that complements STEM learning.

• Recruiting season will begin in January to speak with 8th grade students and parents about attending Central and beginning the STEM College Prep Academy.

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WCCC Tours

This Thursday, January 7th all sophomores at CHS will visit Western Colorado Community College (WCCC).
All sophomores with last names between letters A-H will visit WCCC in the morning from 7:35 – 10:45 am and all sophomores with last names between letters I-Z will visit WCCC in the afternoon from 11:40 – 2:45. Students who are visiting in the morning are to check into their 1st period class. Students who are visiting in the afternoon are to check into their 5th period class. All students will then be released by an announcement.

It is the expectation that all sophomores will participate in a visitation to WCCC.
Please tell students to dress warm and wear sensible walking shoes and if possible, leave their backpacks in their lockers.

CHS Horn Player Chosen for All State Band

Sean Diehl, CHS senior, was chosen for the Colorado All State band on the French horn! More than 100 horn players auditioned for the band in December, and only 8 horn players were chosen. More than 1,200 students total on different instruments auditioned for the band, and they choose 110 from all of the Colorado 4A/5A high schools. This is a huge honor for this CHS student!

Great job, Sean Diehl!

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Important Information for all AP Students

This year we are excited to launch online registration for AP exams. Families will use Total Registration to purchase exams. The AP coordinator will visit all AP classrooms to introduce students to the site. However, registration is now open at totalregistraion.net and families can log on now to purchase exams.

Each exam is $95.00. If your student qualifies for free or reduced lunches, the price is reduced to $12.00 per exam. The deadline to purchase exams is April 7th.

Most exams will take place at WCCC. The dates and times of exams are below. If you have a conflict with a date, please let the AP coordinator know as soon as possible. Alternative test dates are available for some circumstances and an extra fee. Please contact the AP Coordinator, Liza Hines x22113 with any questions.

Test	8am	12pm
Monday May 2	AP Chemistry AP Environmental Science	AP Psychology
Tuesday May 3	AP Spanish	AP Physics 1
Wednesday May 4	AP English Literature	
Thursday May 5	AP Calculus	
Friday May 6	AP US History	
Monday May 9	AP Biology	AP Physics C (optional)
Tuesday May 10	AP American Government	
Wednesday May 11	AP English Language	
Thursday May 12	AP Statistics	
Friday May 13	AP Human Geography	

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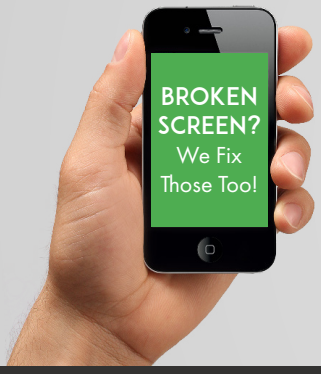

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OUTDOOR LEADERSHIP OPPORTUNITY

Student Opportunity to become an OWL (Outdoor Wilderness Lab) Mentor for the middle school outdoor camp in April. Students selected will work with outdoor professionals, college counselors, and outdoor educators to run a camp for 6th grade students at an outdoor camp in late April of this year. Students must apply and attend a few outdoor workshops before being accepted as a high school camp counselor.

Students interested in becoming an outdoor education counselor of the Outdoor Wilderness Lab – please contact Ms. Janssen in room 210 during the month of January.

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Saturday night is Skate Party Night!

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Central High School
Warrior Work Day January 14th

1st Block or 2nd Block	7:25 – 8:15	(50min)

NO WARRIOR ADVISORY Period

3rd Block or 4th Block	8:20 – 9:10	(50min)
5th Block or 6th Block	9:15 – 10:05	(50min)
7th Block or 8th Block	10:10 – 11:00	(50min)
Lunch	**11:00 – 11:50**	**(40min)**

Busses will run on their normal schedule.

WCCC and CC students will attend classes as scheduled.

Do NOT release students early!

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